



# Turkey

## HAIR TRANSPLANTS

Just last week during a consultation, a patient asked me with all sincerity, *“Dr E, why is the best hair transplant work being done in Turkey and not here in the US?”*

I have to admit, I was taken by surprise with this comment. While Turkey has become a popular destination for hair restoration tourism with hundreds of hair transplant clinics operating in Istanbul, the country's practice model is clearly based primarily on low cost rather than quality.

Although magazines like GQ and others superficially present Turkish hair transplants as a great deal, what is not revealed- and what I hear from and see in a number of my patients- are the

following possible unfortunate sequelae.

- **Overharvesting of donor areas** due to procedures ranging from 3,000 to 4,500 grafts, which can leave men, particularly young men, with scarred heads and a lack of sufficient additional hairs for a second procedure when the hair loss progresses.
- Creation of hairlines that are both **too low and too dense**, providing short-term appeal, particularly to young men, but ignoring the aesthetic problems these hairlines will create in the future.
- And other consequences of hair restoration being done almost exclusively by clinics manned by assistants with **little to no experience** with limited to **no physician involvement**. This includes no attempt to recommend preventative therapies nor taking into account the progressive nature of hair loss.



Examples of irresponsible overharvesting



Examples of improper hairline design & placement

I am sensitive to the economic rationale of seeking lower cost hair restoration surgery, and given the recent natural disaster that occurred in Turkey, I am certainly not criticizing an entire country- especially since I have two Turkish colleagues whose ethical work I respect. I only wish to educate my followers that the hair restoration model that epitomizes **treating hair restoration surgery as a commodity rather than an art** has some untoward

results. Whether one flies as far as Istanbul, or drives to the neighborhood plastic surgeon who offers "NeoGraft" hair transplants using a **"turnkey"** model (the term for hiring of technicians by the day to perform most if not the entire procedure), the process and outcome can be the same - less than ideal aesthetic results, some that **require repair** to achieve an acceptable appearance.

For those of you who know me and my practice style, I have dedicated **29 years** to specializing in hair restoration surgery and achieving natural results without compromise. Please visit my photo gallery at <https://www.foundhair.com/before-and-after> and see for yourself, or [CLICK HERE](#) to learn more.

**Sincerely,**

***Dr. Epstein***

**Please visit:**

*[www.foundhair.com](http://www.foundhair.com) or [www.eyebrowtransplantation.com](http://www.eyebrowtransplantation.com) to learn more,*

*or email [info@foundhair.com](mailto:info@foundhair.com).*

[Before & After Gallery](#)

